

**Start Presentation**

**Isaiah 63:9**

**9 In all their affliction He was afflicted,  
And the Angel of His Presence saved them;  
In His love and in His pity He redeemed them;  
And He bore them and carried them  
All the days of old.**

**Jeremiah 8:21**

**21 For the hurt of the daughter of my people I am hurt.  
I am mourning;  
Astonishment has taken hold of me.**

## **Jeremiah 10:18-19**

**18 For thus says the LORD:**

**"Behold, I will throw out at this time  
The inhabitants of the land,  
And will distress them,  
That they may find it so."**

**19 Woe is me for my hurt!  
My wound is severe.**

**But I say, "Truly this is an infirmity,  
And I must bear it."**

## **Ephesians 4:29-30**

**29 Let no corrupt word proceed out of your mouth, but what is good for necessary edification, that it may impart grace to the hearers.**

**30 And do not grieve the Holy Spirit of God, by whom you were sealed for the day of redemption.**

# Emotions

# Understanding

## **Psalm 1:1-3**

**1 Blessed is the man**

**Who walks not in the counsel of the ungodly,  
Nor stands in the path of sinners,  
Nor sits in the seat of the scornful;**

**2 But his delight is in the law of the LORD,  
And in His law he meditates day and night.**

**3 He shall be like a tree**

**Planted by the rivers of water,  
That brings forth its fruit in its season,  
Whose leaf also shall not wither;  
And whatever he does shall prosper.**

## **Ephesians 5:18-20**

**18 And do not be drunk with wine, in which is dissipation;  
but be filled with the Spirit,**

**19 speaking to one another in psalms and hymns and  
spiritual songs, singing and making melody in your heart  
to the Lord,**

**20 giving thanks always for all things to God the Father in  
the name of our Lord Jesus Christ,**

# Expectations

## **Isaiah 53:3**

**3 He is despised and rejected by men,  
A Man of sorrows and acquainted with grief.  
And we hid, as it were, our faces from Him;  
He was despised, and we did not esteem Him.  
NKJV**

## **2 Timothy 1:7**

**7 For God did not give us a spirit of timidity (of cowardice, of craven and cringing and fawning fear), but [He has given us a spirit] of power and of love and of calm and well-balanced mind and discipline and self-control.**

**AMP**

## Colossians 3:15

**15 And let the peace (soul harmony which comes) from Christ rule (act as umpire continually) in your hearts [deciding and settling with finality all questions that arise in your minds, in that peaceful state] to which as [members of Christ's] one body you were also called [to live]. And be thankful (appreciative), [giving praise to God always].**

**AMP**

**Isaiah 26:3**

**3 You will keep him in perfect peace,  
Whose mind is stayed on You,  
Because he trusts in You.**

**NKJV**

**Philippians 4:8**

**8 For the rest, brethren, whatever is true, whatever is worthy of reverence and is honorable and seemly, whatever is just, whatever is pure, whatever is lovely and lovable, whatever is kind and winsome and gracious, if there is any virtue and excellence, if there is anything worthy of praise, think on and weigh and take account of these things [fix your minds on them].**

**AMP**

**Control**

## **2 Corinthians 10:4-5**

**4 For the weapons of our warfare are not carnal but mighty in God for pulling down strongholds,**

**5 casting down arguments and every high thing that exalts itself against the knowledge of God, bringing every thought into captivity to the obedience of Christ,  
NKJV**

## **James 1:2**

**2 My brethren, count it all joy when you fall into various trials,**

**2 Consider it wholly joyful, my brethren, whenever you are enveloped in or encounter trials of any sort or fall into various temptations.**

**AMP**

## **Romans 12:1-2**

**I beseech you therefore, brethren, by the mercies of God, that you present your bodies a living sacrifice, holy, acceptable to God, which is your reasonable service.**

**2 And do not be conformed to this world, but be transformed by the renewing of your mind, that you may prove what is that good and acceptable and perfect will of God.**

# Emotions

- **Understanding**
- **Expectations**
- **Control**

**The End**